



Web copy - Evening and Weekend GP service and Health help Now

1. Evening and Weekend Appointments available

Patients can see a GP, nurse or healthcare assistant for routine appointments in the evenings and over the weekends.

Please ask a receptionist to book an appointment for you at a time that suits your needs. To find out more go to www.weekendgpservice.net

2. Evening and Weekend appointments available

Patients can see a GP, nurse or healthcare assistant for routine appointments in the evenings and over the weekends.

The Evening and Weekend GP service offers additional, pre-booked appointments at convenient times to suit your needs.

The service operates from **six locations** across Epping Forest, Harlow and Uttlesford and appointments are booked through our receptionists. It is not a 'walk-in' service and is for booked appointments only.

To book an evening or weekend appointment, contact us in the usual way. We will book an appointment at a local hub - through our booking system - and ask permission to access your medical records.

We will provide you with a date, time and location for your appointment.

To find out more please go to www.weekendgpservice.net

If you need to [change or cancel](#) an evening or weekend appointment, please call 0300 303 7300.

3. Health help Now – for free local help and advice

Need health help and advice? Our FREE local NHS app and web site [Health help Now](#) gives detailed advice and guidance on the most common ailments and symptoms. The tool also recommends the best place for treatment – showing which nearby services are open.

Patients can access the site [here](#) or download it from the App Store or [Google Play](#).

For more information please [click here](#)